

PULSE, January-26, 2024

Do you know a young adult between the ages 16-21 whose heart beats for Jesus and is seeking ways to follow Him intently? If you know someone who is contemplating Christian Ministry as a pastor or missionary or just seeking to live life on mission, we have developed a weekend retreat to enliven their passion. The PULSE retreat is by invitation only to help our mature teens and young adults explore their calling in life. God has shaped them in unique and special ways, and we want to help them understand how God has equipped them for a fruitful life.



The PULSE retreat is not your ordinary youth retreat. There will be plenty of food and laughter, but fun is not the first priority. An encounter with God that helps the participant discern God's calling is the focus. The hosts; Zack Wilt, Stef DeFrancisco, Dave Williams, Shawn Peale, Holly Michaels, and Luke Britcher, will lead them through a series of training and experiences that will help them explore their God given gifts, passion, abilities, personality traits and life experiences. There will also be times of worship, singing and extended prayer including a "three hours of silence" exercise.

Find Your Pulse... Find Your Purpose

What past participants have said about their experience:

- "God knows what my future holds, and I shouldn't worry about what tomorrow holds. I am a unique individual who needs to use her passions and gifts for God's glory."
- "The 3 hours of one-on-one time was my favorite part of the retreat."
- "I have a huge purpose from God, and I need to follow through with it."

Important Details:

- Participants can only attend with a pastor's referral.
- We will be staying and meeting at Doubling Gap's Mountain View Lodge.

- The cost is \$60.00 per participant.
- We begin Friday, January 26. Registration begins at 6 p.m.
- We conclude Sunday, November 11, following worship and lunch.
- Only 16 participants will be accepted. Age, then order of registration, will be determining factors. A 20 or 21 year-old may be given preference over a 16 year-old.
- Registration will close January 16.

“You will seek me and find me, when you seek me with all your heart. I will be found by you, declares the LORD, and I will restore your fortunes and gather you from all the nations and all the places where I have driven you, declares the LORD, and I will bring you back to the place from which I sent you into exile.”

Jeremiah 29:13-14